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# Lean In For Graduates



"BECAUSE THE WORLD NEEDS YOU TO CHANGE IT"

## LEAN IN FOR GRADUATES

SHERYL SANDBERG

WITH NEW CHAPTERS BY EXPERTS, INCLUDING  
*FIND YOUR FIRST JOB, NEGOTIATE YOUR SALARY,  
AND OWN WHO YOU ARE*

READ BY ELISA DONOVAN  
AN UNABRIDGED PRODUCTION



## Synopsis

Expanded and updated exclusively for graduates just entering the workforce, this extraordinary edition of *Lean In* includes a letter to graduates from Sheryl Sandberg and six additional chapters from experts offering advice on finding and getting the most out of a first job; writing; best interviewing practices; negotiating your salary; listening to your inner voice; owning who you are; and leaning in for millennial men. In 2013, Sheryl Sandberg's *Lean In* became a massive cultural phenomenon and its title became an instant catchphrase for empowering women. The book soared to the top of best seller lists both nationally and internationally, igniting global conversations about women and ambition. Sandberg packed theaters, dominated op-ed pages, appeared on every major television show and on the cover of *Time* magazine, and sparked ferocious debate about women and leadership. Now, this enhanced edition provides the entire text of the original book updated with more recent statistics and features a passionate letter from Sandberg encouraging graduates to find and commit to work they love. A combination of inspiration and practical advice, this new edition will speak directly to graduates and, like the original, will change lives.

**New Material for the Graduate Edition:**

- "A Letter to Graduates" from Sheryl Sandberg
- "Find Your First Job", by Mindy Levy (Levy has more than 20 years of experience in all phases of organizational management and holds degrees from Wharton and Penn)
- "Negotiate Your Salary", by Kim Keating (Keating is the founder and managing director of Keating Advisors)
- "Man Up: Millennial Men and Equality", by Kunal Modi (Modi is a consultant at McKinsey & Company and a recent graduate of Harvard Kennedy School and Harvard Business School)
- "Leaning In Together", by Rachel Thomas (Thomas is the president of *Lean In*)
- "Own Who You Are", by Melody Hobson (Hobson is the president of Ariel Investments)
- "Listen to Your Inner Voice", by Rachel Simmons (Simmons is cofounder of the Girls Leadership Institute)
- 12 *Lean In* stories (500-word essays), by people around the world who have been inspired by Sandberg

## Book Information

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## Customer Reviews

I wish I had this before I graduated college, and definitely before getting my first full time job after graduate school. While reading this, I felt a sense of validation as I witnessed challenges at one place of business that appeared connected to my gender and my race. My experiences elsewhere had been more positive, while I still felt uncomfortable as one of a few females, or one of a few black people. The inclusion of male and female anecdotes at the end is specially helpful. I think it's important that men are included in this discussion, which they are in this book, and as someone who is just beginning her career, and has experienced many twists and turns along the way, seeing the journey of others is refreshing and helps to put my circumstances into perspective. A friend recommended this to me, and I have been recommending this to other friends and acquaintances as well.

If you're reading this and like what I have to say, \*please upvote.\* Having a positive male review on the front page will encourage more men to purchase Lean In. I found Sandberg's attempt to foster a culture of discussion about women in the workplace to be an effective entry into the business leadership genre. Her voice is balance, relies on ample scientific evidence, and provides a fair presentation of everyone's voice. As a male working in a typical office setting, I now feel more enlightened about some of the setbacks and inequalities presented to women as they approach professional life. The special "for Graduates" edition includes a few added stories from Lean-In participants, and a detailed section on job searches. I have always felt comfortable but vague about labelling myself a male feminist. I now have a clearer understanding of why I care about women's professional equality, and how I might contribute to that cause! -Ryan Mease

Much of this book is the same as "Lean In." There are a few new sections, but if you've read "Lean In" you can skip this.

This was phenomenal. It truly changed my life. This is the perfect gift for new grads. As a new grad

myself, I found it funny, witty, and informative. I love that some of the chapters were written by other professionals. It gave a variety of experiences.

This book had some important messages, but as far as usefulness, I'll have to agree with some of the reviewers, it's not for everyone. If you are not into corporate america ladder climbing, this might not be all that applicable and can make you feel jaded about the working world.

Bought this on a recommendation from a staff member at my University, I have only read the first few chapter before having to put it on hold due to approaching finals but so far Sheryl's girl-power and can-do optimism is very refreshing. She has a unique way of writing that isn't like ordinary lifestyle and self-help material that just rambles off advice and must-do sort of steps for success and achieving things. She makes it an observation that gets the reader thinking. Great so far!

A wonderful book recommended as I watch "Latino Voices". Also, I'm giving copies of this to our daughters and one Granddaughter, all are in business. Also, look for "Lean In For Graduates" by the same author, Sheryl Sandberg, COO of Facebook. We are giving copies of that book to our Grandkids!

I would recommend this book to anyone and everyone. The messages here are not only important for women, but also for men. Sandberg is honest in a way that may break your heart a little, but helpful in a way that will probably fix it.

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